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# LEADING YOUR TEAM

MONASH RUNS FOR REFUGEES 2019

**CHANGE IT.  
FOR GOOD.**



**MONASH**  
University

# SIX SIMPLE STEPS

## TO GET YOUR TEAM ENGAGED

### GET SET UP

There's no better way to motivate yourself during your fundraising journey than creating a team. You can easily create a team from your fundraising page on Everyday Hero (our fundraising partner), and then you just need to email your friends to invite them to join – top teams are featured on the Monash Run for Refugees fundraising hub. Last year, over a dozen clubs and societies got involved, and this year will be even bigger

### SET YOUR CHALLENGE

As a group, set a target that's a bit scary but still achievable – that'll motivate people to support you. It's also worth thinking about doing something quirky to help you stand out and help you enjoy the challenge more – that could be a costume you wear on the running course, or a unique angle you take to the challenge. Whatever you decide, having a goal and method everyone agrees on helps to keep things moving.

### GET INSPIRED

It can just take a few facts and figures to keep you motivated while you're leading your team – whether it's a goal you've set as a group or a story that you keep in mind, the best tool in hard times is to remember why you're doing this. Head to our website to read some stories from fellow runners and scholarship recipients to help keep your head in the game.

### SPREAD THE WORD

As a group, you'll have ties that you can use to help you fundraise – whether you're in the same department, society, or college, having a group raises your profile. You can help raise awareness by wearing your Team Monash shirts around, putting up posters, or posting on social media together. Spread the load of coming up with ideas through the group and you'll avoid feeling like one person is doing all the legwork.

### CREATE YOUR OWN GROUP CHAT

Create a group on Facebook, WhatsApp, or any other platform you're all on – you'll get immediate feedback and can help get each other out of the house or office to train regularly. It also makes sharing photos from runs and events easier.

### GET A LITTLE COMPETITIVE

Keep in touch with the online leaderboard to make sure you're keeping up with the competition! There'll be dozens of teams from around Monash competing during both Run Melbourne and the Melbourne Marathon Festival.

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