EMAIL TEMPLATE

Dear **<Name>**

I have some exciting news… I have challenged myself to **run/walk** **<3km/5km/10km/21km/42km>** at this year’s **<Event Name>** on **<Event Date>**.

I am proud to **run/walk** as part of #TeamASRC - the Asylum Seeker Resource Centre’s (ASRC) Run 4 Refugees community.

The ASRC is an independent not for profit organisation, whose programs support and empower people seeking asylum to maximise their own physical, mental and social wellbeing. It is both a place and a movement, and I really believe in their work.

It is a place of refuge and hope that delivers services such as welfare advocacy, access to housing, Foodbank, clinical and mental healthcare and legal support to more than 4,000 people seeking asylum every year.

Today, they are the largest independent human rights organisation for refugees and people seeking asylum in Australia.

Can you help me reach my goal and help support the ASRC too? I would really appreciate any donation you can give and you can sponsor me right now at my online fundraising page **<Insert fundraising page URL>.  
  
$38 can fund an appointment with a detention advocacy caseworker**

**$84 can provide a month of food and groceries**

**$112 can provide an interpreter, critical to progressing a person’s application for safety**

Even better – your donation is tax deductible and you’ll get a receipt straight away.  
  
In advance, thanks for the support – it means a lot